
SP Detox Balance™

Information Sheet



Supports whole body detoxification.*

- Supports the body's natural metabolic detoxification processes
- Rich source of protein (17g per serving)
- Contains protein from pea isolates, pumpkin concentrate, oat flour and buckwheat flour
- Provides amino acids required for conjugation enzymes (phase II enzymes)
- Good source of dietary fiber
- Supports the body's natural toxin elimination function
- Good source of plant-based magnesium and vitamin K1
- Gluten free
- Vegan*

What contributes to toxin build up?

We are exposed to toxins every day. In fact, our bodies produce waste toxins known as endogenous toxins simply by functioning. Our bodies also encounter external (exogenous) toxins, or chemicals made outside the body. Exposure to these toxins can overburden a system's natural ability to detoxify.

Why do we need Metabolic Detoxification?

Toxins can contribute to: fatigue or difficulty sleeping, indigestion and other temporary gastrointestinal upset, food cravings and weight gain, reduced mental clarity, low libido, skin issues, and joint discomfort.

What is Metabolic Detoxification?

It's a series of natural biochemical processes responsible for clearing toxins from our bodies. In the three-phase process, the body unlocks fat-soluble toxins and converts them to a water-soluble state that is easier for our bodies to remove. We need key nutrients and phytonutrients to support each of these phases.

How Do the Three Phases of Metabolic Detoxification Work?

Phase I: Unlock

- ✓ The body transforms fat-soluble toxins to an "unlocked" state that is more water-soluble, and in many cases, more toxic than its original form.
- ✓ SP Detox Balance™ delivers key nutrients.

Phase II: Neutralize

- ✓ The highly toxic substances produced in Phase I convert to non-toxic molecules and become even more water-soluble.
- ✓ SP Detox Balance™ delivers key nutrients.

Phase III: Eliminate

- ✓ Water-soluble toxins leave cells, and the body eliminates them.
- ✓ SP Detox Balance™ delivers plant-based fiber to aid toxin elimination.

Is Nutrition Important During Metabolic Detoxification?

The detoxification system is highly dependent on proper nutrient support for optimal functioning. This product provides significant amounts of protein and key amino acids including those required for conjugation enzymes (phase II enzymes). It is a good source of fiber, magnesium and vitamin K1 among other vital nutrients.

Fasting or poor nutritional support during a detoxification program has many adverse health effects, including decreased energy production, brain fog, mood and sleep difficulties, and a breakdown of lean tissue. Detoxification is an energy-dependent process, and maintenance of adequate energy supply is crucial.

Suggested Use: The daily dosage as recommended by a health care professional is 1 serving per day up to 3 servings per day (each serving is equal to 2 heaping scoops). The SP Detox Balance™ program is not intended as a meal replacement.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of the reach of children. In case of accidental overdose, call a health care professional or poison control center immediately. All forms of vitamin K may interact with blood thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.